

Over 150 Main Dish Recipes Using Canned Soups: A Southern Cooking Extravaganza

When it comes to Southern cooking, comfort food reigns supreme. And what could be more comforting than a hearty main dish that's quick and easy to prepare? That's where canned soups come in. With their rich flavors and versatility, canned soups are the perfect ingredient to elevate your everyday meals. In this comprehensive guide, we present over 150 main dish recipes that showcase the culinary prowess of canned soups. From classic casseroles to warming soups and stews, these recipes will satisfy your cravings and bring a taste of the South to your table.



Soup Can Casseroles: Over 150 Main Dish Recipes Using Canned Soups (Southern Cooking Recipes)

by S. L. Watson

★★★★☆ 4.5 out of 5

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Casseroles

Casseroles are a staple of Southern cooking, and canned soups can help you create them with ease. Here are a few of our favorites:

- **Tuna Noodle Casserole:** A classic comfort food that's perfect for using up leftover tuna. Simply combine tuna, egg noodles, cream of celery soup, and peas in a casserole dish. Bake until bubbly and golden brown.
- **Chicken Noodle Casserole:** Another comforting classic, made with chicken, egg noodles, and cream of chicken soup. Add some chopped celery and carrots for a touch of freshness.
- **Beef and Biscuit Casserole:** A hearty casserole that's perfect for a winter meal. Combine ground beef, cream of mushroom soup, and vegetables in a casserole dish. Top with fluffy biscuits and bake until browned.
- **Tamale Pie:** A Tex-Mex inspired casserole that's sure to please. Combine ground beef, corn, tomatoes, and chili beans in a casserole dish. Top with a layer of cornbread batter and bake until golden brown.
- **Shepherd's Pie:** A classic British dish that's easy to make with canned soups. Combine ground lamb or beef with cream of mushroom soup and vegetables in a casserole dish. Top with a layer of mashed potatoes and bake until browned.

Soups and Stews

Nothing warms the soul like a hearty soup or stew on a cold day. Here are a few of our favorites that use canned soups:

- **Creamy Tomato Soup:** A classic soup that's perfect for dipping sandwiches or crackers. Simply combine tomato soup, milk, and a touch of cream to create a rich and velvety soup.

- **Chicken Noodle Soup:** A comforting soup that's perfect for a cold day. Simply combine chicken, egg noodles, and chicken broth in a pot and simmer until the chicken is cooked through.
- **Beef Stew:** A hearty stew that's perfect for a winter meal. Combine beef, vegetables, and beef broth in a pot and simmer until the beef is tender. Serve with crusty bread.
- **Vegetable Beef Soup:** A healthy and flavorful soup that's perfect for a crowd. Combine vegetables, beef broth, and canned diced tomatoes in a pot and simmer until the vegetables are tender.
- **Chili:** A spicy and hearty stew that's perfect for a game day. Combine ground beef, beans, tomatoes, and chili seasoning in a pot and simmer until thickened.

More Easy and Delicious Recipes

In addition to the casseroles and soups and stews mentioned above, here are a few more of our favorite main dish recipes using canned soups:

- **Creamy Chicken and Rice Soup:** A comforting soup that's perfect for a busy weeknight. Simply combine cooked chicken, rice, cream of chicken soup, and milk in a pot and simmer until heated through.
- **Sloppy Joes:** A classic sandwich that's perfect for a summer cookout. Combine ground beef, sloppy joe sauce, and cream of tomato soup in a pan and simmer until heated through. Serve on hamburger buns.
- **Chicken Pot Pie:** A comforting dish that's perfect for a family meal. Combine cooked chicken, vegetables, cream of chicken soup, and a pie crust in a baking dish. Bake until the crust is golden brown.

- **Spaghetti and Meatballs:** A classic Italian dish that's easy to make with canned soups. Combine ground beef, spaghetti sauce, and cream of tomato soup in a pot and simmer until heated through. Serve over cooked spaghetti.
- **Lasagna:** A hearty Italian dish that's perfect for a special occasion. Combine ground beef, lasagna noodles, ricotta cheese, and cream of tomato soup in a baking dish. Bake until bubbly and browned.

With so many delicious recipes to choose from, you're sure to find the perfect main dish for your next meal. So next time you're looking for a quick and easy way to create a satisfying meal, reach for a can of soup and let the magic begin.

Tips for Using Canned Soups in Main Dishes

- **Don't be afraid to experiment.** Canned soups are a versatile ingredient, so don't be afraid to get creative with your recipes. Add different spices, herbs, and vegetables to create your own unique flavors.
- **Use canned soups as a base.** Canned soups are a great way to start a meal, but don't be afraid to add other ingredients to create a more complex dish. For example, you could add cooked chicken or beef to a cream of mushroom soup to create a hearty stew.
- **Don't overcook your soups.** Canned soups are already cooked, so be careful not to overcook them when you're reheating them. Overcooking can make the soup watery and bland.
- **Serve your soups with a variety of toppings.** Toppings can add extra flavor and texture to your soups. Some popular toppings include

crackers, croutons, shredded cheese, and sour cream.

Canned soups are a valuable ingredient that can help you create delicious and satisfying main dishes with ease. With over 150 recipes to choose from, you're sure to find the perfect dish for your next meal. So next time you're looking for a quick and easy way to create a comforting meal, reach for a can of soup and let the magic begin.



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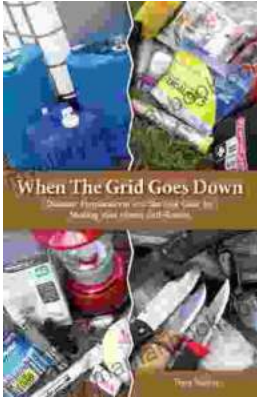
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